

Kamloops Resource Mini-Guide 2015-2016

Housing and Shelter Related

1. ASK Wellness
250-376-7558 - 433 Tranquille Road, Kamloops
2. Kamloops & District Elizabeth Fry Society
250-374-2119 (extension 200) - 827 Seymour Street, Kamloops
3. Canadian Mental Health Association
250-374-1090 or 250-828-1121 - 857 Seymour Street, Kamloops
4. Kamloops Native Housing Society
250-374-1728 - 742 Mount Paul Way, Kamloops
5. Interior Indian Friendship Centre
250-376-1296 - 119 Palm Street, Kamloops
6. Interior Community Services
250-554-3134 - 765 Tranquille Road, Kamloops
7. John Howard Society
250-434-1700 - Suite 100 529 Seymour Street, Kamloops

Health, Mental Health and Substance Use

1. Interior Health Clinics
250-376-7855 - 126 King Street, Kamloops
250-377-6500 - 200 – 235 Lansdowne Street, Kamloops
250-314-2700 - 311 Columbia Street, Kamloops
2. ASK Wellness
250-376-7558 - 433 Tranquille Road, Kamloops
3. Interior Indian Friendship Centre
250-376-1296 - 119 Palm Street, Kamloops
4. White Buffalo Aboriginal and Metis Health Society
250-554-1176 - 517A Tranquille Road, Kamloops
5. Phoenix Centre
250-374-4634 - 922 3rd Avenue, Kamloops
6. Sage Health Centre
250-374-6551 - 101 Columbia Street, Kamloops
7. Car 40
Call 911 - Royal Inland Hospital – 311 Columbia Street, Kamloops

HIV Related

1. ASK Wellness
250-376-7558 - 433 Tranquille Road, Kamloops
250-315-0098 - 201 Granite Avenue, Merritt

2. Q'wemtsin Health Society
250-314-6732 - 130 Chilcotin Road, Kamloops

3. Interior Health – STOP HIV Program
250-851-7447 - 519 Columbia Street, Kamloops
Health Outreach Nurse: 1-866-778-7736

4. Interior Health – King Street Clinic
250-851-7388 - 126 King Street, Kamloops

5. Street Nurse Outreach – New Life Mission
250-434-9898 - 181 Victoria Street, Kamloops

6. White Buffalo Aboriginal and Metis Health Society
250-554-1176 - 517A Tranquille Road, Kamloops

7. Dr. Robert N. Baker (HIV Specialist)
250-374-6566 - 430 – 5th Avenue, Kamloops

8. Kamloops Public Health Unit (Interior Health)
250-851-7300 - 519 Columbia Street, Kamloops